

Week 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Soupa!	Broccoli and Stilton	Red Lentil And Bacon	Cream Of Chicken	French Onion with Cheesy Croutons	Smoked Haddock Chowder	Water Cress Soup With New Potatoes	Homemade Ome-lettes Steamed Kippers with Melted Butter Chocolate Croissants Filled Soft Baps with Various Fillings Banana Smoothies Welsh Rarebit The Full English Sausage, Bacon Mushrooms Tomatoes Fried Bread Baked Beans, Fried Egg Hash Browns, Black Pudding
Main Event	Lemon and Maple Syrup topped boneless Chicken	Marinated Pork Escalope served with a Redcurrant Sauce on the side	Tasty Beef Rendang With Coriander and Ginger	Roasted Leg of Lamb With Seasoning and Mint Sauce	Minted Lamb Burger Beef Burger	Mexican Style Chilli Con Carni	
Meat Free Zone	Risotto Verde	Homemade fresh Mushroom Strudel	Tortellini Ricotta In a Homemade Tomato Sauce served with a Fresh Salad	Butter Bean and Wild Mushroom Risotto With Fresh Parmesan	Homemade Black Bean Burger	Vegetable Chilli	
And to go with....	Roasted New Potatoes Steamed Broccoli	Coriander and Chilli Mash Chunky Carrots Sweet corn	Pilau Rice Naan Bread Roasted Aubergines	Roasted Potatoes Bashed Swede Green Cabbage	Crispy Lite Fries New Potatoes Spaghetti Hoops Pan Fried Onion Rings	Jacket Potatoes Mexican Rice Salsa Taco's Pan Fried Beans	
Scrummy Puds!	Sticky Toffee and Pear Sponge with a Toffee Sauce	Lemon Meringue Pie	Chocolate Apricot Bread Pudding With a Custard Sauce	Fresh Apple Eve Pudding and Custard	Mixed Fruit Crumble with a Vanilla Sauce	Homemade Lemon and Lime Mousse	
Evening Main Event	ALDENHAM SCHOOL SPECIAL EVENING	Tuna and Pasta Bake With a Mascarpone Crust	Homemade Turkey Steaks with Black Pepper and served with a Salsa Sauce	Southern Fried Chicken Pieces with Fritters Sweet Corn	Homemade Bacon and Goats Cheese Flan	Individual Pork and Leek Toad in the Hole	Roasted Leg Of Pork or Chicken Seasoning Apple Sauce
Meat Free Zone		Fresh Vegetable Pasta with a Mascarpone Crust	Stuffed Roasted Peppers with a Savoury Couscous	Roasted Tofu with Tomato and Yellow Lentil Fritters	Homemade Roast Vegetable and Goats Cheese Flan	Individual Vegetable Moussaka	Homemade Falafel In a Warm Pitta Bread With a Mint Yoghurt Dip
To go with		Homemade Garlic Bread Pan Fried Courgettes	Steamed New Potatoes Broccoli Florets	Oven Baked Jacket Potatoes Roasted Peppers	Sliced Garlic Potatoes Honey Carrots	Cheesy Mash Potatoes Onion Gravy Mixed Vegetable	Sage Potatoes Chunky Savoy Cabbage
Scrummy Pud		Custard Creams	Vanilla and Coffee Sponge Custard Sauce	Homemade Doughnuts	Fresh Fruit Platter	Homemade Banoffee Pie	Fresh Chocolate Gateau
SALAD BAR FRESH CUT BREADS CONDIMENTS SEEDS AND SAUCES							

Week 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Soupa!	Tuscan Tomato	Courgette and Parmesan	Pumpkin and Haricot Beans	Homemade Oxtail	Cream of Celery	Yellow Lentil	Bacon and Brie Baguette Scrambled Egg with Smoked Salmon Vegetable Pasta Bake Grilled Grapefruit Selection of Danish Pastries Jacket Potatoes With Beans and Cheese Fresh Pomegranate Juice The full English Sausage, Bacon, Mushroom, tomatoes, Fried Bread, Eggs, Hash Brown, Black Pudding
Main Event	Hungarian Style Beef Goulash With Paprika and Baby Onions	BBQ Style Roasted Chicken Supreme	Tender Strips of Pork in a Crème Friache Coriander Sauce	Deep Fried Fish of the day in A Homemade Batter served with a Lemon Sauce Steamed Fish	Warming Chicken Korma	Large Jacket Potatoes filled with a choice of toppings Lamb Chilli Creamy Chicken	
Meat Free Zone	Fresh Potato Cake Topped with a Poached Egg and Served with a Fresh Spinach Sauce	Fresh Asparagus and Feta Cheese Wholemeal Flan	Fresh Mushroom and Black Bean Risotto Cake with a Black olive Salas	Homemade Leek Potatoes And Creamed Cheese Country Bake	Winter Warming Ratatouille With Brown Rice	Vegetable Bolognaise Fresh Vegetable Curry	
And to go with....	Steamed Basmati Rice Pan Fried Leeks Sweet corn	Wholegrain Mustard Mash Fresh Steamed Broccoli Sliced Carrots	Steamed New Potatoes Fresh Green Beans Fresh Cauliflower	Crispy Lite Fries New Potatoes Mushy Peas Spaghetti Hoops	Steamed Basmati Rice Roasted Aubergine Mini Poppadom Mango Chutney	Feta Cheese Salad Homemade Garlic Bread Salad Bar	
Scrummy Puds!	Fresh Strawberry Sponge with a Strawberry Sauce	Homemade Bramley Apple Pie with Pouring Cream	Upside-down Banana Pudding with Cream	Triple Chocolate Sponge with Chocolate Sauce	Sticky Toffee Cheesecake	Fresh Fruit Flan with Whipped Cream	
Evening Main Event	Slow Roasted Shredded Lamb with Pomegranate and Mint Sauce	Homemade Focaccia Style Pizza Meat Feat	Spicy Chicken Burritos	Traditional Cornish Pasties	Beef Stroganoff With Onions Garlic and Cream	Homemade Turkey and Gammon Pie	
Meat Free Zone	Roasted Teriyaki Tofu with Stir Fried Vegetable	Homemade Focaccia Style Roasted Vegetable	Roasted Vegetable and Mixed Bean Burritos	Traditional Style Roasted Vegetable Pasties	Homemade Afghani Aubergine Casserole	Homemade Cheese and Bean Patties	Tofu and Lime Balls
To go with	Roasted Diced Potatoes Pan Fried Onions	Crispy Potato Wedges Baked Beans Homemade Coleslaw	Saffron Rice Roasted fresh Vegetables	Pan fried Courgettes	Tagliatelle Verdi Mange Tout	Olive Oil Mash Garden peas	Egg Fried Rice Prawn Crakers Crispy Chinese Leaves Sweet Chilli Sauce
Scrummy Pud	Banana and Mixed Fruit Crumble with a Vanilla Sauce	Apricot Cookies	Spotted Richard and Custard	Selection of Muffins	Old Fashion Ginger Bread	Lemon Swirl Cheese Cake	Ginger Mango and Lime Trifle
SALAD BAR FRESH CUT BREADS CONDIMENTS SEEDS AND SAUCES							

Week 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
				Special Day			
Soupa!	Butternut Squash	Country Vegetable	Beef and Spinach		Chinese Chicken Noodle	Courgette & Dill	Home Made Beef Burgers Tuscan Tomato Soup Poached Smoked Haddock with Egg Home Made Potato Wedges American Style Pancakes Fresh Baked Croissants Luscious Smoothies The Full English Sausage, Bacon, Mushrooms, Tomato, Fried Bread, Baked Beans, Eggs, Hash Brown, Black Pudding
Main Event	Winter Style Braised Lamb and Barley Hot Pot	Marinated Breaded Turkey Escalope's with a home made red onion marmalade	Italian Style Lasagne		Deep Fried Cod in a Home Made Batter with Lemon, Parsley, Tartar Sauce Steamed Fish of the Day	Home Made Turkey, Sage and Cranberry Rolls	
Meat Free Zone	3 Cheese and Spring Onion rolls	Wild Mushroom and Crispy Fried Vegetables topped with Tofu	Tempura Style Fresh Vegetables with a Sweet Chilli Sauce on the side		Fresh Roasted Mushroom and Butternut Squash Lasagne	Vegetable and Mixed Herb Mozzarella Rolls	
And to go with....	New Potatoes Steamed Mixed Vegetables Broccoli	Cheesy Mash Cauliflower Sweet Corn	Garlic Bread Rustic Roasted Vegetables Chefs Salad		Crispy Lite Fries Parsley Potatoes Garden Peas Roasted Carrots	Whirly Potatoes Braised Leeks Home Made Gravy	
Scrummy Puds!	Spiced Date cake with Custard Sauce	Apple Meringue Pie	Marble cake with vanilla Sauce		Creamed Rice Pudding	Banana Frosty Cake	
Evening Main Event	Cajun Chicken Rolls with BBQ Sauce on the Side	Marinated fillet Salmon with a Herby Lime Crust	Crunchy Topped Cottage Pie	Spicy Mexican Style Meat Balls	Butterfly Chicken with a Lemon and Thyme Seasoning	Marinated Sirloin Steaks	
Meat Free Zone	Tomato, Chickpea and Mushroom Rolls	Sweet Potatoes, Courgettes and Veggie Mince Rosti	Quorn and Lentil Cottage Pie	Caramelised Onion and Lentil Wellington	Vegetable Cannelloni with a creamy Mascarpone and Tomato Sauce	Home Made Cheese and Broccoli Parcels	Fresh Vegetable Kebabs
To go with	Kale Bubble and Squeak Cake Roasted New Potatoes Vegetables of the Day	Sliced Potatoes with Onion cooked in stock Roasted Root Vegetables	Grilled tomatoes Pan Fried Mushrooms Baked Beans	Mexican Style Rice Pan Fried Bean Shoots	Steamed new Potatoes Courgettes and Tomato Bake	Crispy Sliced Potatoes	Warm Pitta Bread Red Pepper Rice Roasted Vegetable
Scrummy Pud	Victorian Sponge with Lashings of Strawberry Jam and Mascarpone	Fig and Blueberry Clafoutis	Sultana Scones with Jam and Cream	Eton Mess	Chefs Dessert	Pear and Sultana Strudel	Apricot Danish Ring
SALAD BAR FRESH CUT BREADS CONDIMENTS SEEDS AND SAUCES							

Week 4	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Soupa!	Cream Of Mushroom	Vegetable Mulligatawny	Courgette and Red Pepper	Minestrone	Leek and Potato with Horse-radish	Sweet Parsnip	Homemade Galettes Sausage Patties Poached Eggs Benedict Bratwurst Sausage Waffles Roasted Vegetable and Halomi Cheese Pannis Homemade Fresh Strawberry Milk shake The Full English Sausage, Bacon, Mushrooms, Tomatoes, Fried Bread, Beans, Eggs, Hash Brown and Black Pudding
Main Event	Swedish Style Meatballs in a Tomato Sauce	Macaroni Pasta with Poached Salmon and Mascarpone Sauce	Pot Roasted Topside of Beef With Puy Lentil Herbs and Crème Friache	Selection of Butchers Sausage Pork and Leek	Traditional Moroccan Tagine Of Lamb	Baked Meaty Pasta Bake with a Parmesan Topping	
Meat Free Zone	Potato Spinach and Tofu Dahl with Mango Chutney	Macaroni Cheese	Crunchy Fresh Vegetable Shepherd-less Pie	Fresh Cauliflower Red Onion and Broccoli Bake	Homemade Fresh Seasonal Vegetable Hot Pot	Black Olive and Feta Cheese Slice	
And to go with....	5 Onion Rice Pan Fried Leeks Sweet corn	Garlicky Bread Green Beans Sliced Courgette	Nut less Pesto Mash Cabbage Cauliflower	Crispy Lite Fries Bashed Potatoes Baked Beans Chunky Carrots	Savoury Couscous Broccoli Florets	Homemade Potato Wedges Tomato and Basil Bread Steamed Mixed Vegetable	
Scrummy Puds!	Apricot Sponge with a Butternut Sauce	Apple and Blackberry Pie with Custard Sauce	Toffee Apple Danish	Homemade Gooley Carrot Cake	Honey Yoghurt Cake with Citrus Sauce	Banoffee Pie	
Evening Main Event	Vienna Style Beef Cutlets with a Mushroom Sauce	Thin and Crispy Pizza Pepperoni	Schezwan Turkey With Green Peppers Baby Onions	Jamaican Style Jerk Chicken	Homemade Steak and Onion Pie with a Flaky Pastry Lid	Singapore Style Pork With Oyster Sauce	
Meat Free Zone	Homemade Spanish Style Frittata	Cheese and Tomato	Quorn and Fresh Vegetables Topped with Sweet Potatoes	Fresh Vegetable Spicy Patties	Large Yorkshire Pudding Filled with Vegetable and Topped with Mozzarella	Singapore Style Vegetables with Oyster Sauce	Vegetable Cutlets with a Mint Dip
To go with	Creamy Garlic Sliced Potatoes Baton Carrots	Crispy Potato Wedges Creamy Coleslaw	Tagliatelle Verdi Roasted Onions	Ginger and Lime Rice Garlic Bean shoot	Mash Potatoes Roasted Butternut Squash	Oodles of Noodles Braised Bok Choi Prawn Crackers	Oven Baked Sliced Potatoes Corn on the Cob
Scrummy Pud	Fruit of the Forest Pancakes	Muffin Madness	Vanilla Éclairs	Jamaican Ginger Cake	Chefs Dessert	Chocolate Cherry Mousse	Selection of Ice Cream
SALAD BAR FRESH CUT BREADS CONDIMENTS SEEDS AND SAUCES							