

# Supper Menu

## Aldenham School LENT Term

WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>Main Event</b>	<b>Bacon</b> , Leek and Goats Cheese Flan served with Sweet Tomato Sauce	Herb Crusted <b>Salmon</b> served with Roasted Mediterranean Vegetables	Minted <b>Lamb</b> Cutlets served with a Garlic Mash & Butterbean Ragout	Duo of Sticky Maple <b>Chicken &amp; Piri Piri Chicken</b> Corn Bread	Ragu Bolognaise served with Spaghetti and Spiky Parmesan Cheese	<b>Student Choice</b> Pizza	Hong Kong style Stir Fried with an Oyster Sauce
<b>Meat Free Zone</b>	Tomato, Red Onion & Goat's Cheese pasta bake served with a Sweet Tomato sauce	Pumpkin & Tofu Curry served with Lemon Basmati Rice	Cheese & Onion Quiche	Fresh Vegetable Rosti with a Sweet Chilli Dip	Tomato & Borlotti Bean Spaghetti	Crusty Pepperoni or Cheese & Tomato Melts	Lemon, Lime & Tofu Balls served with a Homemade Sweet Chilli Dip
<b>And to go with....</b>	Sliced Potatoes & Onions cooked in Vegetable Stock	Skinless New Potatoes Green Beans	Garlicky Mash Curly Kale	Twice Baked Jacket Half's Corn on the Cob	Spaghetti Mixed Vegetables Garlic Bread	Potato Wedges Creamy Slaw	Special Fried Rice Garlic Beanshoots Prawn crackers
<b>Big Bowl Salad</b>	Green Beans Green Bean salad with Tuna	Warm Halloumi & Tabouleh Salad	Greek Feta Salad	Warm Roasted Vegetable Salad	Italian Salad	Green Salad with Olive and Chilli Oil Dressing	Sticky Chicken Wings
<b>Pudding</b>	Jamaican Ginger Cake	Apple & Olive Oil Cake with a Creamy Maple Icing	Chocolate Mousse with Shortbread Fingers	Cherry Pie with Pouring Cream	Aldenham Cup Cake Bar	Selection of Ice Creams and Drizzles	Lychee with Ice Cream or Crème Fraîche

Home Baked Bread, Big Bowl Self-Dress Garden Leaves and Seasonal Fresh Fruit Platter Available Daily

# Supper Menu

## Aldenham School LENT Term

WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>Main Event</b>	<b>Spanish</b> Sizzling Mini Spicy <b>Sausages</b> Flash Fried Paprika <b>Squid</b>	<b>Lamb &amp; Potato</b> Pasties with Home Made Gravy	Noodle Bowls with <b>Chicken &amp; Prawns</b>	Sweet Potato topped Shepherd's Pie with Gravy	100% Msc <b>Haddock</b> Fillet in a tempura batter served with Lemon, Parsley & Tartare Sauce	Pasta Night	Hand Carved <b>Gammon</b> served with a Autumn Chutney
<b>Meat Free Zone</b>	Potato & Onion tortilla Wedges served with a Spicy tomato Salsa	Cheese & Vegetable Pasties with Home Made Onion Chutney	Asian Green Quorn & Mushroom Pancake Rolls served with a Spiced Asian Sauce	Autumn vegetable Hot Pot topped with Sweet Potato	Fresh Vegetable Burrito's served with a Tomato Sauce and Sprinkled with Cheese	Pasticcio Or Ravioli	Vegetable & Feta Parcels
<b>And to go with....</b>	Potatoes in a Tomato and Paprika Sauce Olives & Capers Mixed Breads and Oils	Country Diced Potatoes Savoy Cabbage	Free Range Egg Fried Rice Stir Fried Vegetables Prawn Crackers	Roasted Root Vegetables with Thyme Minted Garden Peas	Chunky Potato Wedges Dips & sauces Green Beans	Focaccia Bread Pan Fried Courgettes infused with Lemon Olive Oil	Roasted Potatoes Cauliflower Cheese
<b>Big Bowl Salad</b>	Cob Salad	Red Pepper & Basil Pasta Salad	Deconstructed Niçoise Salad	Green Salad with Chunky Croutons	Smoked Mackerel Caesar	Tomato & Mozzarella Salad with Basil	Chef's Salad with Caesar Dressing
<b>Pudding</b>	Orange Citrus Pie	Apple Brown Betty with Crème Fraîche	Carrot Cake	Apple & Winter Wholemeal Pie with Custard	Strawberry Tiramisu	Home Made Cookies & Cream	Goopy Banana cake served with a Honey sauce

Home Baked Bread, Big Bowl Self-Dress Garden Leaves and Seasonal Fresh Fruit Platter Available Daily

# Supper Menu

## Aldenham School LENT Term

WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>Main Event</b>	Deep Dish <b>Lamb</b> & Sweet Red Pepper Lasagne	Cajun <b>Chicken</b> served with Grilled Tomatoes	New York Style Pizza <b>Pepperoni</b>	Autumn Warming <b>Beef</b> Goulash served with Roasted Butter Onion Bread Wedges	Breaded <b>Pork</b> Snitzel topped with a Free Range Fried Egg	Marinated Sirloin <b>Beef</b> Steaks with Grilled Tomatoes, Mushrooms & Watercress	<b>Backhendel</b> Baked <b>Chicken</b>  <b>Bratwurst</b> Bread Dumplings
<b>Meat Free Zone</b>	Cheesy Macaroni Cheese	Tomato, Aubergine & Mint Risotto	New York Style Pizza Roasted Vegetable	Sweet Potato, Celeriac & Stilton Cutlets with a Watercress Sauce	Beef tomatoes stuffed with Fresh Vegetables & Couscous	Goat's Cheese, Red Onion Filo Open Tarts	<b>Bratkartoffeln</b> Baked Potatoes with Cream Cheese
<b>And to go with....</b>	Garlic & Rosemary Bread  Roasted Root Vegetables	Jasmine Scented Basmati Rice  Garlic Bean Shoots	Curley Fries  Creamy Slaw	Buttered Tagliatelle  Baton Carrots with Caraway Seeds	Crushed New Potatoes  Broccoli & Cauliflower	Fried Sliced Potatoes  Onion Rings	<b>Frittierte Zwiebeiringe</b> Onion Rings  <b>Mohruben</b> Carrots
<b>Big Bowl Salad</b>	Fresh Herb & lemon Couscous	Black Bean & Chilli Salad	New York Salami Salad	Red Chard & baby Spinach Salad	Spicy Vegetable Rice Salad	Cerviche Salad	Beetroot & Goat's Cheese Salad
<b>Pudding</b>	Fresh Fruit Scone Pudding with Pouring Cream	Lemon Meringue on a Ginger Crunch	Nut Free Chocolate Brownies	Upside Down Pineapple Sponge with Custard Sauce	Millefeuille	Trio of Ice Creams with Fruits Toppings & Sprinkles	<b>Apfel Kuchen</b> Apple Cake

Home Baked Bread, Big Bowl Self-Dress Garden Leaves and Seasonal Fresh Fruit Platter Available Daily

WEEK 4	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>Main Event</b>	Breaded <b>Chicken</b> Breast stuffed with Garlic & Herbs	Mixed <b>Meats</b> in a Baguette served with a selection of Pickles & Chutney	100% Msc <b>Hoki</b> Fillets in a light Batter served with Lemon & Tartar Sauce	Grilled <b>Gammon</b> Steak served with Roasted Apple & a Honey Glaze	Braised <b>Turkey</b> Escalope served with spicy Tomato Sauce	Lime Infused <b>Chicken</b> kebabs served with Mango Chutney	<b>TREAT NIGHT</b>
<b>Meat Free Zone</b>	Vegetable Cutlets served with a Garlic & Herb Butter	Roasted Vegetables in a Baguette served with Pickles & Chutney	Quorn Sausage Toad in the Hole Served with Roasted Onions & Gravy	Vegetable Pasta Bake with Mozzarella Crust & Garlic bread	Fresh Vegetable Sausage Roll	Tofu, Cheese & Vegetable Kebabs	
<b>And to go with....</b>	Roasted Diced Potatoes Tender Stemmed Broccoli	Hash Brown bar Corn on the Cob	Potato Wedges Garden Peas	Creamy potatoes Citrus Courgettes	Cheesy Mash Crispy Greens Cabbage	Pitta Bread Fingers Red Onion Rice Baby Corn	
<b>Big Bowl Salad</b>	Rocket with Parmesan & a Balsamic Drizzle	Creamy Red Cabbage Coleslaw	Spanish Salad	Roasted Beetroot with Watercress	Warm Jerk Chicken Salad	Greek Feta salad	
<b>Pudding</b>	Apricot Tart with Vanilla Ice Cream	Doughnut Balls served with a Jam Sauce	Victoria Sponge filled with Mascarpone and Strawberry Jam	Lemon & Poppy Seed Muffins	Chocolate Éclairs	Strawberry Mousse topped with Sponge Fingers	

Home Baked Bread, Big Bowl Self-Dress Garden Leaves and Seasonal Fresh Fruit Platter Available Daily

WEEK 5	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>Main Event</b>	<b>Bacon</b> , Leek and Goats Cheese Flan served with Sweet Tomato Sauce	Herb Crusted <b>Salmon</b> served with Roasted Mediterranean Vegetables		Duo of Sticky Maple <b>Chicken &amp; Piri Piri Chicken</b> Corn Bread	Ragu Bolognaise served with Spaghetti and Spiky Parmesan Cheese	<b>Student Choice</b> Pizza	Hong Kong style Stir Fried Prawns with an Oyster Sauce
<b>Meat Free Zone</b>	Tomato, Red Onion & Goat's Cheese Flan served with Sweet Tomato sauce	Pumpkin & Tofu Curry served with Lemon Basmati Rice		Fresh Vegetable Rosti with a Sweet Chilli Dip	Tomato & Borlotti Bean Spaghetti	Crusty Pepperoni or Cheese & Tomato Melts	Lemon, Lime & Tofu Balls served with a Homemade Sweet Chilli Dip
<b>And to go with....</b>	Sliced Potatoes & Onions cooked in Vegetable Stock	Skinless New Potatoes Green Beans	Brookwood's Groundhog's Day Themed Evening	Twice Baked Jacket Half's Corn on the Cob	Spaghetti Mixed Vegetables Garlic Bread	Potato Wedges Creamy Slaw	Special Fried Rice Garlic Beanshoots Prawn crackers
<b>Big Bowl Salad</b>	Green Beans Green Bean salad with Tuna	Warm Halloumi & Tabouleh Salad		Warm Roasted Vegetable Salad	Italian Salad	Green Salad with Olive and Chilli Oil Dressing	Sticky Chicken Wings
<b>Pudding</b>	Jamaican Ginger Cake	Apple & Olive Oil Cake with a Creamy Maple Icing		Chocolate Mousse with Shortbread Fingers	Aldenham Cup Cake Bar	Selection of Ice Creams and Drizzles	Lychee with Ice Cream or Crème Fraiche

Home Baked Bread, Big Bowl Self-Dress Garden Leaves and Seasonal Fresh Fruit Platter Available Daily