

WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Soup	Butternut Squash	Rustic Italian Bean & Pasta	Leek & Watercress	Tuscan Tomato	Oxtail	Cream of Cauliflower	Brunch
Bread of the Day	Pumpkin Seed	Sundried Tomato	Onion bread	Rye bread	Poppy Seed	Selection of Chef's Bread	A Selection of Cereals
Main Event	Roasted Lemon & Maple Chicken Thighs	Breaded Turkey Escalope with an Autumn Chutney	Beef with Mushrooms & Noodles	Roasted Leg of Pork with Apple Sauce & Seasoning & Gravy	Deep fried Cod in a Homemade batter served with lemon and Tartare sauce	Make Your Own Chicken Mexican Style Fajita's	The Full English
	Autumn warming Irish Casserole	Pork and Leek Sausages with Pan fried Onions	Creamy Chicken Stroganoff served with Basmati Rice	Roasted Breast of Norfolk Turkey with Seasoning, cranberry sauce & Gravy	Steamed Salmon Fillet with a salsa Verdi		Smoked Haddock with Poached Eggs
Meat Free Zone	Fresh Asparagus & Feta Cheese Wholemeal Flan	Courgette, Mushroom & Lentil Lasagne	Seasonal Autumn Vegetable Hot-Pot	Green Bean Korma served with Basmati Rice	Grilled Potato cake Topped with a Poached Egg served with a Cheese Sauce	Mexican Style Vegetable Fajitas	Create Your Own Omelette with Free Ranged Eggs
And to go with...	New Potatoes Chunky Carrots Crispy Leeks	Creamy Mash Potatoes Broccoli Sweet Corn Baked Beans	Egg Noodle Basmati Rice Cauliflower Citrus Courgettes	Roasted Potatoes Bashed Swede Green cabbage	Crispy Lite Fries New Potatoes Minted Peas Spaghetti Fresh Vegetable	Spicy Potato Wedges Roasted Peppers & Beans	Homemade Sausage Rolls
	Jacket Potato served with Beans & Cheese or Tuna & Sweet Corn	Cheese and Ham Or Cheese Tomato Panini	Chicken Salsa or 3 Cheese & Onion wraps	Bacon and Brie Or Brie and Roasted Vegetables	x	Sour Cream Salsa Green Salad with a Citrus Dressing	Welsh Rabbit Chocolate Croissants
Puddings	Sticky Toffee Sponge with Toffee sauce	Lemon Meringue	Fruit Loaded Muffins	Apples & Rhubarb Crumble	Triple Chocolate Sponge served with Chocolate Sauce	Cookies	Waffles With fruit Sauces

Always available – Salad Bar – Wraps – Fresh Fruit Platter – Cheese & Biscuits – Homemade Yoghurt with Toppings

WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Soup	Spicy parsnip	Scotch Broth	Broccoli and Stilton	Country vegetable	Chicken Noodle	Mushroom	Brunch A Selection of Cereals Full English Breakfast Mozzarella and Bacon Panini Poach Smoked Haddock Baked Brie Wedges Eggs Benedict Danish Pastries Fresh Strawberry Milk Shake Home Made Yoghurt Bar with Granola, Fruit Compote & Selected Fruits Pineapple Chunks Kiwi Apple Wedges
Bread of the Day	Cheesy Bread	Mixed seed	Focaccia Style	Wholemeal	Challah	Selection of Chef's bread	
Main Event	Italian Lasagne served with Garlic Bread	Szechwan Chicken	Pan fried Turkey Steak served with a Tomato and Mint Sauce	Roasted Leg of Lamb with Mint Sauce & Gravy	The Aldenham Burger Bar 1/4lb Beef Burger Served in a Burger Bap	Extra Large Jacket Potato bar Choose from toppings Italian Bolognaise Chicken Carbonara	
	Braised Beef & Mushroom Pie Topped with Sliced Potatoes	Smoked Haddock & Salmon wrapped in Puff Pastry served with New Potatoes	Pork and Brambly Apple Casserole	Roasted Topside of Beef with Yorkshire Pudding & Gravy	1/4lb Lamb Burger served in a Burger Bap		
Meat Free Zone	Italian Folded Pizza filled with Squash, Spinach & Mozzarella	Cheesy Country Vegetable Bake	Seasonal Vegetable Baklava	Fresh Vegetable & Feta Cheese Cutlet	Vegetable Burger served in a Burger Bap	Onion and Goats Cheese Tartlets served with a Autumn Relish	
And to go with...	New Potatoes Steamed Broccoli Roasted Seasonal vegetables	Basmati Rice Carrots with Caraway Seeds Pan fried	Onion Mash Brussels Sprouts Sweet Corn	Roasted Potatoes Green cabbage Roasted Parsnips	Crispy Lite Fries Parsley Potatoes Pan Fried Onion Cheese Slices Corn on the Cob Crunchy Carrots	Extra Toppings of Baked Beans Cheese Tuna Sweet Corn Chef's Salad	
Additional	Mixed meat Or 3 Cheese Panini's	Spicy Pork Or Chinese Stir Fried Vegetables Wraps	Gammon Salad Or Vegetarian Sausage and Relish Baguettes	Turkey melts Or Halloumi & Tomato Panini's	x	x	
Puddings	Apple and Sultan Sponge with Custard sauce	Honey & Cranberry Flapjack	Pear & Blackberry crumble with vanilla Sauce	Apricot Tart Tatin	Mixed Fruit Jellies & Ice Cream	Apple Strudel & Custard	

Lunch Menu

WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Soup	Farmhouse	Garden Pea & Mint	Leek and Potato with Mustard Toastiest	Celeriac & Stilton	Smoked Bacon & Lentil	Cream Of Broccoli	Brunch
Bread of the Day	Green Olive Ciabatta	Rustic	Sundried Tomato	Farmhouse	Onion	Chef's selection	A Selection of Cereals
Main Event	Chicken Thighs with a Sweet Tomato Sauce	Grilled Pork Steaks served with Roasted Bramley Apples	Mediterranean Lamb Casserole served with Couscous	Thai Chicken Curry served with Basmati Rice	Deep fried Haddock in Bread Crumbs served with lemon & parsley	Chicken & Mushroom lasagne	Full English
	Turkey & Cranberry Slice	Minted Lamb Sausages with Onion gravy	Stir Fried Beef	Sweet & Sour Pork served with Basmati Rice	Grilled Hoki Fillet served with Cheese & Mushroom Sauce		Ham & Cheese Grilled Sandwiches
Meat Free Zone	Potato Rosti with Tomato & Onion Chutney	Savoury Courgette Muffins served with a Mushroom Sauce	Grilled Halloumi wrapped Peppers	Roasted Tomato Risotto	Yakisoba Noodles with Tofu and Ginger	Roasted Vegetable Lasagne	American pancakes with Maple Syrup
	New Potatoes Minted Peas Cauliflower Cheese	Olive Oil Mash Steamed Broccoli Braised Red Cabbage	Egg Noodles Sweet Corn Crispy Leeks Mange tout	Jacket Half's Spinach and Potatoes Fresh Chilli Salad Sambles	Crispy Lite fries Chef's Potatoes Mushy Peas Roasted Root Vegetables	Garlic Bread Corn on the Cob Chef's Salad with a Balsamic Dressing	Filled Baps With various Fillings
And to go with...							Pain aux Raisin
Additional	Tuna Or Pizza Style Panini's	Chicken Mayo & Lettuce Or Roasted vegetable & Halloumi Wholemeal Baps	Ham Salad Or Avocado & Red Pepper Sandwich	Pepperoni Or Mozzarella & Mushroom Panini's	X	X	Cranberry Juice
	Apricot & Chocolate Bread and Butter Pudding with Crème Fraîche	Dutch Apple Crumble with Custard	Raspberry Ripple Sponge with Raspberry Sauce	Crispy Chocolate Cake	Mincemeat Tart with Vanilla Sauce	Fresh Fruit Platter	Home Made Yoghurt Bar with Granola, Fruit Compote & Selected Fruits
Puddings							Melons Oranges Smiles Grapes

Lunch Menu

WEEK 4	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Soup	Autumn Vegetable	English Onion	Creamy Spinach	Courgette & Red Pepper	Spicy Lentil	Sweet corn Chowder	Brunch
Bread of the Day	Red Onion and Rosemary	French Stick	Rye	Mixed Herb	Cheese & Tomato	Selection Chowder	A Selection of Cereals
Main Event	Mexican Pork Meat Balls in a Tomato Sauce	Pasta Bar	Lemon and Chilli Coasted Chicken Thighs	Roasted Topside of Beef with Yorkshire Puddings Horseradish sauce Gravy	Hot Dogs	Crunchy Farmhouse Shepherd's Pie	Full English
	Slow Roasted Jerk Chicken with Winter Vegetables	Beef Bolognaise Lamb Bolognaise Chicken Carbonara	Turkey Stir Fry served with Oodles of Noodles	Roast Breast of Turkey with Seasoning and Gravy	Pork Chicken		Free Range Egg Filled Omelettes
Meat Free Zone	Fresh Vegetable Chilli	Creamy Spinach & Mushroom	Stuffed Aubergines	Wild Mushroom & Butternut Squash Risotto	Leek and Goats Cheese Crepes	Macaroni Cheese with a Side salad	Local Butcher Sausage Patties in a Bap
And to go with...	Steamed Red Pepper Rice New Potatoes Green Cabbage Green Salad	Plenty of Penne Pasta Garlic Bread Sweet Corn Roasted Vegetables	Olive Oil Mash Roasted Courgettes Steamed Broccoli	Roasted Potatoes Green Beans Sliced Carrots	Crispy Lite fries Chef's Potatoes Pan fried Onions Spaghetti Hoops	Pan Fried Mushrooms Grilled Tomatoes Baked Beans	Smoked Salmon and Cream Cheese Bagel Potato Wedges
Additional	Chicken salad or Humus salad Baguettes	Bacon & Cheese Or Mozzarella & Tomato	Jacket Potato Bar With Cheese Beans Tuna	Tuna Salad or Feta Cheese Salad Wholemeal Baps	X	X	Home Made Yoghurt Bar with Granola, Fruit Compote & Selected Fruits
Puddings	Fruit of the Forest Flapjack	Apple Pie with Custard Sauce	Lemon Sponge with Lemon frosting	Rhubarb & Ginger Crumble with vanilla sauce	Apple Meringue Tart	Mixed Loaded Muffins	Pineapple Watermelon Slices Red Apple Wedges